### 2024-2025

# COUNSELING SLAUSON MIDDLE SCHOOL



Home of the Golden Bears

#### **OUR MISSION**

TO ADVOCATE FOR THE OVERALL DEVELOPMENT OF EVERY STUDENT - INCLUDING ACADEMIC SUCCESS, SOCIAL-EMOTIONAL WELLNESS, AND COLLEGE/CAREER PREPARATION - THROUGH COLLABORATIVE RELATIONSHIPS WITH PARENTS, STUDENTS, COMMUNITY AND FACULTY.

#### WHAT DOES A SCHOOL COUNSELOR DO?

School counselors help all students to reach their full potential by creating a supportive learning environment. Counselors are advocates, liaisons, and collaborators within the school. Counselors support students with their social-emotional development, academic goals, and college and career aspirations.

#### **SERVICES**

- Short-term individual counseling
- Small group counseling
- Classroom lessons
- Mediation + restorative conferences
- Consultation with parents, teachers, and outside service providers
- Community resource referrals
- P2P Depression Awareness

## HOW CAN STUDENTS MEET WITH A COUNSELOR?

- Student self-referral
- Parent request
- Referred by teacher, administrator, counselor or other staff
- Referred by a friend

## SCHOOL COUNSELORS HELP STUDENTS WITH:

- Mental health concerns, such as depression and anxiety
- Healthy relationships
- Resolving conflicts
- Dealing with grief
- Self-esteem
- Self-regulation
- Family changes, such as separation or loss
- Challenges at home
- Academic planning
- Improving grades
- Maintaining regular attendance
- Transitions
- Decision making
- Personal identity development

#### **CONTACT OUR COUNSELORS**

Sth

Jenna Smith

th

Kevin Chuna

3th

Stacy Kissel

chungk@aaps.k12.mi.us

kissels@aaps.k12.mi.us